

SILVER SPRING OPHTHALMOLOGY, LLC

8630 Fenton Street, Suite 800, Silver Spring, MD 20910

DAY OF SURGERY INSTRUCTIONS

Medications:

- . Resume all your regular medications.

Diet:

- . Return to your usual diet.
- . Do not drink alcoholic beverages today, including beer or wine.

Activity:

- . Rest today. Change position slowly.
- . No lifting anything over 5 pounds, no bending and no straining.

Miscellaneous:

- . Keep eye dressing on until seen by your surgeon tomorrow.
- . Keep head elevated on 2 pillows.
- . Sleep on back or non-operated side.
- . Bring all eye drops to your post operative appointment tomorrow.

COMMENTS: _____

Please Call _____, Phone _____
should you have any questions or concerns.

Patient Signature: _____

Escort Signature: _____

RN Signature: _____

Surgeon Signature: _____